San Joaquin County Behavioral Health Board <u>Minutes</u>

Members Present

Joseph Dittmann, Vice-Chair Cary Martin Daphne Shaw Karen Ivy Mike Corsaro Tasso Kandris Vaunita Duval Mudalodu Vasudevan Supervisor Miguel Villapudua

Members Excused/Absent

Nancy Chastain, Chair-Excused Frances Hernandez-Excused Ingrid Oliver-Excused Tosh Saruwatari-Excused

Also Present

Frances Hutchins, Interim BHS Director Cara Dunn, Deputy Director of Administration Isabel Espinosa, Board Secretary Kayce Rane, Consultant

<u>Guests</u>

Tony Anderson, VMRC Theresa Comstock, CALBHC Ron Shaw

I. Call to Order

The Behavioral Health Board (BHB) meeting was convened on Wednesday, September 20, 2017 at Behavioral Health Services located at 1212 N. California St., Conference Room B, Stockton, CA. Vice-Chairperson Joseph Dittmann called the meeting to order at 6:01 p.m., led the pledge of allegiance.

II. Roll Call

Roll call was taken by the Board Secretary. A quorum was in attendance at this meeting.

III. Introductions

Vice-Chairperson Joseph Dittmann led self-introductions among board members and the public audience present at this meeting.

IV. Approval of the Minutes

A motion was requested by Vice-Chairperson Joseph Dittmann to approve the minutes. The motion was moved by Tasso Kandris and was seconded by Lori Hansen, with corrections. Motion carried by unanimous decision.

V. Public Comment

• Theresa Comstock, President of California Association of Local Behavioral Health Boards and Commissions (CALBHC), invited all Board members to attend Mental

Health Board training on October 20-21st in Sacramento. She provided all board members with a copy of the CALBHC newsletter that includes duties of the board per Welfare &Institutions 5604, and resources for websites, templates, annual reports, and training registration. She stated that she was here to listen to the board meeting and had a meeting with Vice-Chairperson Joseph Dittmann and Interim BHS Director Frances Hutchins prior to the Board meeting.

• Tony Anderson, Valley Mountain Regional Center (VMRC), thanked BHS for its support of the California Memorial Project 15th Annual Remembrance Day on September 18, 2017. BHS loaned chairs to VMRC for the service. This event was held in memory of the mentally ill who died in institutions and buried without recognition. They had over 100 people in attendance.

VI. New Business

- a. Innovation Planning for Behavioral Health Assessment Center, Kayce Rane, Consultant, presented on a draft Innovation Plan that was recently posted for public review.
 - Kayce Rane thanked the board for their guidance and support in the development of the plan.
 - The Innovation Plan is for a Behavioral Health Respite and Assessment Center (ARC) to be operated by Community Medical Centers (CMC), a federally qualified health center (FQHC). The ARC will provide a holistic approach to serve mild to severe mental illness and will integrate primary care services side by side with mental health treatment.
 - CMC began as a mobile clinic providing service to migrant workers, and has now grown to 12 neighborhood clinics. They provide a range of services including dentistry, tuberculosis tests, flu shots, immunizations, preventative medicine, treatment of illnesses, and prenatal care.
 - The ARC will offer psychosocial assessments, case management, peer counselors, and respite services on a drop in basis.
 - The ARC will serve as a "friendly front door" for individuals who may "fall through the cracks" between mild mental illness typically treated by Primary Care Physicians and moderate to severe mental illness treated by BHS.
 - The Assessment Center will be able to assess medical, substance abuse, and mental health all in one location.
 - Federal Reimbursements provided to FQHC's will offset costs, and possibly allow this program to continue running after INN funds taper off.
 - The ARC will be linked to other initiatives such as Withdrawal Management, Progressive Housing, and Whole Person Care.
 - The Innovation project will be evaluated by UC Davis Behavioral Center for Excellence.
 - A Public hearing will be held on October 18, 2017 at the next Behavioral Health Board meeting in Lodi.

VII. Old Business

- a. Vice-Chairperson Joseph Dittmann convened the Public Hearing on Innovation Plan for Progressive Housing.
 - A Member of the public commented that there is a need for this program.
 - If the Innovation project is successful, Board members would like to see this program replicated in other counties.

The public hearing was closed by Vice-Chairperson Joseph Dittmann.

- b. Tasso Kandris discussed the change of location for the October BHB meeting.
 - Next month's BHB meeting will be held at the Lodi Library.
 - BHB members were encouraged to consider meeting locations throughout the county for the BHB to encourage community involvement.
 - Tasso Kandris reported that the Lodi Mayor and Chief of Police have been invited to the meeting and that meeting announcements were sent to the Lodi Sentinel.
 - The BHS Lodi Clinic will give a presentation at the meeting.

VIII. Director's Report

- a. Frances Hutchins, Interim BHS Director, announced that a new BHS Director was appointed as of October 16, 2017. Greg Diederich, HCS Director, Daphne Shaw, Frances Hutchins, and Monica Nino for their assistance in the hiring process.
- b. The 2017 Mental Health Data Notebook was received and will focus on services for Older Adults. Frances Hutchins requested BHB members to participate in the review.
- c. MHSA Innovation Planning well underway, with one plan completed and the other posted for public review. The next steps are to seek approval by the Board of Supervisors and the MHSOAC.
- d. Prop 47 Withdrawal Management is restarting a Local Advisory Committee to guide implementation.
- e. A plan for the Drug Medi-Cal Organized Delivery System (DMC-ODS) was sent to the State. BHS is working on a financial plan that will be due in November.
- f. The External Quality Review Organization (EQRO) will review BHS on October 24-25, 2017. This organization was assigned by the State to review our BHS for timeliness, access, quality, and outcomes of consumer care. Our timeliness has suffered due to a Psychiatrist shortage. However BHS has recently hired3.5 new Psychiatrists, which should improve timeliness.
- g. The No Place Like Home (NPLH) is being developed at the State level. BHS has submitted a technical assistance application.
- h. The new Electronic Health Record System is on schedule to be completed next June.
- i. BHS is still reviewing applications to provide inpatient psychiatric services from the Request for Proposal (RFP) issued this year.

IX. Committee Reports

a. Executive Committee – The executive committee met on September 12, 2017 and included Nancy Chastain, Joseph Dittmann, Cary Martin, BHS Interim Director, and Board Secretary. Executive meeting to include Tasso in next month's meeting to discuss the site of the October meeting.

- b. Legislative Report Daphne Shaw reported that there will be no new legislation for this year
 - AB 720- signed by the Governor.
 - AB 186 & AB 1250- has been stalled.
 - AB 191- allows Marriage and Family Therapist (MFT), Licensed Psychiatric Technicians (LPT), and Licensed Professional Clinical Counselor (LPCC) Involuntary Detention privileges as cosigners.
 - AB 1340- allows integration of mental and physical health with training for Pediatric Primary Care Physicians in the areas of trauma exposure, early intervention, and mental health.
- c. Children's Committee No report
- d. Grievance Committee Tasso Kandris reported nine out of 10 grievances filed in the last quarter were responded to in 30 days. Only one grievance was responded to later (30-60 days).
 - Several grievances will be re-reviewed including one in which a consumer had concerns about different medications prescribed by different doctors.
 - Michele Rowland-Bird, Chief Mental Health Clinician, has begun reviewing all grievances, as the state now requires that a person not directly connected to assigned program review grievances.
 - The next Grievance committee meeting is December 14, 2017.
- e. Housing Committee -- No report
- f. Substance Abuse Disorder Committee –Cary Martin discussed Fentanyl and the Opioid epidemic as well as the 2016 Substance Abuse and Mental Health Services Administration (SAMHSA) National Survey on Drug Use.

X. Other

- a. Vice-Chairperson Joseph Dittmann announced the Recovery Happens Event on September 30, 2017. Information was emailed to all board members in their agenda packet.
- b. Vaunita Duval suggested ways to honor the memory of Jim Garrett such as a serenity garden near the fountain, planting a tree, or naming a conference room in his honor.

Meeting Adjourn: 8:01 p.m.